

**OLYMPIC DAY/NORTH 2009  
 TRACK EVENT FOR HOME SCHOOLED CHILDREN  
 THURSDAY, MAY 14, 2009  
 REGIONAL PARK, MIDWEST CITY, OK**

Each student must be at least 6 years old to participate and not older than 16 by May 14, 2009. Each student may enter 5 events. The cost is \$5.00 per student. The rain make-up date is Thursday, May 21, 2009. The track meet will begin at 9:00 and will be over by 3:30 p.m.

**ENTRY DEADLINE IS APRIL 30, 2009. TO ENTER:**

You must send 1: completed entry form (whole page) 2: entry fee, and 3: one self addressed, stamped envelop (per family) to Diane Taylor, 3801 Spencer Rd. Spencer, OK 73084. There will be no registration at the park on Olympic Day/North. Each entry will receive a map, schedule of events, and participant flag(s). If you have any questions, call Diane Taylor at 405-771-5083. Students will compete against their own age group and sex unless the event is listed "mixed". Ages 13-14 and 15-16 will be combined in those two groups. All equipment will be provided, such as jump ropes, balls, etc. If both dates are rained out, there is no refund.

1. 50 YARD DASH.....All ages.
2. 50 YARD HURDLES.....Ages 6 - 9. The hurdles are 10 inches high for this race.
3. 100 YARD DASH.....All ages.
4. 100 YARD HURDLES....Ages 10-16. The hurdles are 18 inches high for this race.
5. 200 YARD DASH.....All ages. This is 1/8 of a mile, be sure to practice.
6. SACK RACE.....All ages. Race is for 40 yards in a burlap sack. Must finish standing.
7. JUMP ROPE MARATHON...Mixed for all ages. Who can jump the longest? Hot peppers?
8. KANGAROO RACE.....All ages. This race is for 30 yards holding a ball between the knees.
9. SOCCER KICK.....All ages. Distance with accuracy will determine the winner.
10. FOOTBALL THROW...Ages 10-16 . Each entry gets one practice and one throw.
11. BEANBAG THROW.....Ages 6-9. Each entry will throw two beanbags.
12. HULA HOOP MARATHON...Mixed all ages. Hoop will start at the waist, may do 2 or 3.

**SEND THIS WHOLE PAGE, ENTRY FEE, AND ONE SELF-ADDRESSED, STAMPED ENVELOP (1 per family) TO DIANE TAYLOR BEFORE APRIL 30, 2009. THANK-YOU.**

NAME: \_\_\_\_\_ AGE: \_\_\_\_\_ BIRTHDATE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ PHONE: \_\_\_\_\_ SEX: M F

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

EVENT NUMBER	EVENT NAME
_____	_____
_____	_____
_____	_____
_____	_____
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RIBBONS WILL BE AWARDED IN EACH EVENT